

# August 2022

2906 William Penn Highway, Easton, PA  
610-438-0853



## Palmer Recovery Center



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	NA 12pm Men's AA 7-8pm <sup>1</sup>	NA 12pm Women's AA 5:30pm MAT (Increasing Your Knowledge) 6-7pm <sup>2</sup>	NA 12pm Trauma Informed Yoga 5:30-6:30pm 11th Step AA 7-8pm <sup>3</sup>	CPS Rhonda G. 9am-1pm Resume & Job App 10am-12pm SNAP OUT Seminar - Suite 202 6-7pm Celebrate Recovery - Suite 101 6-7pm <sup>4</sup>	Veterans Services 9-4pm MAT (Increasing Your Knowledge) 12-1pm <sup>5</sup>	Al-Anon 11am-12pm 11th Step AA 7-8pm Karaoke 9-11:30pm <sup>6</sup>
AA 12pm Palmer Grief Support Group 1:30-3pm Veterans Peer Support Group 4-6pm SLAA 6:30pm Palmer Recovery Dharma 7:45pm <sup>7</sup>	NA 12pm Men's AA 7-8pm <sup>8</sup>	NA 12pm Women's AA 5:30pm Health/Wellness Seminar 7-8:30pm <sup>9</sup>	NA 12pm 11th Step AA 7-8pm <sup>10</sup>	CPS Rhonda G. 9am-1pm Resume & Job App 10am-12pm Celebrate Recovery Suite 101 6-7pm <sup>11</sup>	Veterans Services 9am-4pm Community, Coffee, & Connections 9-11am Vet Massage Therapy 2-4pm** <sup>12</sup>	Al-Anon 11am-12pm 11th Step AA 7-8pm <sup>13</sup>
AA 12pm SLAA Step Workbook 5:30 SLAA 6:30pm Palmer Recovery Dharma 7:45pm <sup>14</sup>	NA 12pm Men's AA 7-8pm <sup>15</sup>	Sync Recovery 9-10am NA 12pm Women's AA 5:30pm <sup>16</sup>	NA 12pm Trauma Informed Yoga 5:30-6:30pm 11th Step AA 7-8pm <sup>17</sup>	CPS Rhonda G. 9am-1pm Resume & Job App 10am-12pm SNAP OUT Seminar - Suite 202 6-7pm Celebrate Recovery Suite 101 6-7pm <sup>18</sup>	Veterans Services 9-4pm VET Housing Rep 12-2pm VET Peer Support Group 2-3pm <sup>19</sup>	Al-Anon 11am-12pm Community, Family & Recovery Cookout 12-5pm Twin Rivers 12:30-6pm 11th Step AA 7-8pm <sup>20</sup>
AA 12pm Veterans Peer Support Group 4-6pm SLAA 6:30pm Palmer Recovery Dharma 7:45pm <sup>21</sup>	NA 12pm Men's AA 7-8pm <sup>22</sup>	NA 12pm Women's AA 5:30pm Health/Wellness Seminar 7-8:30pm <sup>23</sup>	NA 12pm 11th Step AA 7-8pm <sup>24</sup>	CPS Rhonda G. 9am-1pm Resume & Job App 10am-12pm Celebrate Recovery Suite 101 6-7pm <sup>25</sup>	Veterans Services 9-4pm VSO Benefits Officer 9am-12pm Vet Massage Therapy 2-4pm** <sup>26</sup>	Al-Anon 11am-12pm 11th Step AA 7-8pm <sup>27</sup>
AA 12pm SLAA Step Workbook 5:30 SLAA 6:30pm Palmer Recovery Dharma 7:45pm <sup>28</sup>	NA 12pm Men's AA 7-8pm <sup>29</sup>	NA 12pm Women's AA 5:30pm <sup>30</sup>	NA 12pm 11th Step AA 7-8pm <sup>31</sup>			



Veteran's Services @ PRC

Check out Battle Borne support groups throughout the week at PRC!  
(Trauma yoga, group trauma sessions, VET peer support, health/wellness)

\*\*Please contact [jen.zigd1968@gmail.com](mailto:jen.zigd1968@gmail.com) to reserve a time slot for VET Massage Therapy