

Items to Bring to Treatment

What should I bring?

- If needed, prescription medication in prescription bottle with matching, affixed prescription label
- Personal hygiene items including soap, deodorant, shampoo, toothbrush, razor, shower shoes and shaving cream
- Enough clothing for 7 days

What else can I bring?

- A maximum of \$25.00 cash allowance.
- Unopened tobacco products.
- Reading materials – religious, spiritual, or recovery-related reading materials (including the AA Big Book and/or NA Book). Non-religious, non-spiritual, or non-recovery related print material is not allowed in treatment.

What is not permitted?

- Over-the-counter medications
- Perfume/cologne
- Nail polish
- Aerosol cans
- Glass bottles
- Any item on which alcohol is identified as the first ingredient in the content list
- Electronics
- Non-religious, non-spiritual, or non-recovery related print material
- Opened tobacco products
- Any sharp objects
- A personal vehicle
- Food/beverage
- Sleeveless shirts
- Spandex or form-fitting material
- Short shorts
- Half-shirts
- Any clothing item that promotes drugs, alcohol, violence, sex, gang affiliation via text and/or graphics
- Any item that staff deems offensive or inappropriate

What is provided for me?

- Laundry facilities and detergent
- Bed linens, pillows, and blankets
- Towels
- Three meals per day
- Beverages and snacks
- Lounge time
- Gym/designated recreation area
- Private/individual shower stalls