

Treatment Trends Training Institute
www.treatmenttrends.org



**Spring 2022
Training
Track**

April 29-June 17, 2022



Spring 2022 Schedule

*All classes are held in the auditorium at the Halfway Home of the LV,
24 South Fifth Street, Allentown, PA*

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Accreditation

All courses in this catalog are submitted for accreditation from the Pennsylvania Certification Board (PCB).

*** These courses ONLY have been submitted for accreditation from the State Board of Licensed Social Workers, Professional Counselors, & Marriage/Family Therapists.**

\$60 Workshop fee include CEU’s.

Courses



There is an “I” in Teams

Marilyn Stein, MEd

Friday
April 29, 2022
9 AM to 4 PM

This workshop will consider how contributions from individual participants influence the success of the Team. The process of working together as a cohesive team requires a variety of skills including effective communication, good listening and taking risks. It also means knowing that the old saying “There is no I in teams” is a myth.

This workshop will define high functioning teams and the commitment needed from each team member to make that happen. It will challenge participants to share their brilliance so that the working climate encourages creative and thoughtful problem solving while encouraging the contributions of all.

Learning Objectives

Participants will learn:

1. To encourage clear communication skills including the role of silence
2. To offer a communication model and the role of feedback
3. To consider characteristics of effective teams
4. To understand psychological safety’s role in team performance
5. To recognize the unique contribution of all members of the team

Biography

Marilyn Stein founded MGS Consulting, a training and consulting organization, upon retiring as a parole officer in 2002. Her singular goal: To bring evidence-based behavioral health advances to courtrooms, counseling spaces, prisons, and individuals struggling to figure out how to live their best lives.

While she specializes in the tangled relationship between trauma and addiction, Marilyn has spoken, trained, and developed curriculum on topics spanning motivational interviewing, cultural competence and professional ethics. Marilyn’s training content is complemented by her engaging delivery. Her following includes court systems, judges, probation officers, treatment professionals, recovery programs, private corporations, and individuals in recovery. All appreciate her ability to reach people – and respect them while doing it.



Courses

**May 6, 2022
9 AM to 4 PM**

**Evolving Probation Practices:
Building Partnerships with Community Providers
to Address Barriers to Successful Supervision**
Cori Doughty, MACJ

This workshop will explore evolving trends in probation and parole supervision. Understanding what has not been effective in the past is the key to developing programming and a supervision model that is effective for the 21st Century. The workshop will emphasize recent criminal justice reforms in PA that have resulted in restructuring of community supervision. The goal of reducing incarceration and improving outcomes for criminal justice-involved individuals requires building partnerships with community-based service providers to ensure that individuals receive the necessary treatment and services to reduce their likelihood of recidivating, ultimately improving their overall quality of life. We will discuss what changes have recently been made and what potential barriers may exist in providing effective supervision and treatment services for the population that we serve.

Learning Objectives

Participants will:

1. Understand the role of probation and parole supervision
2. Identify what factors are contributing to recidivism in Pennsylvania
3. Explore recent legislative changes and program models
4. Identify the barriers to effective supervision and treatment
5. Explore ways to build effective partnerships between probation, treatment, and clients

Biography

Cori Doughty is a Master Trainer for the PA DUI Association. She has an MACJ. Cori has taught Criminal Justice classes at NCCC for 14 years and has been a probation/parole officer for 25 years. Currently, Cori is the supervisor of the Lehigh County DUI/Specialty Court Units, and oversees Drug Treatment Court, TCAP, Electronic Monitoring and DUI cases.

Cori has presented at the Annual Conference for the PA DUI Association, the PA Bar Association, LC Bar Association, PA Community Service Association Conference, Neumann College and Cops Corner Radio on subjects including Barriers to Employment, Probation/Parole, DUI, Driver Licensing, SUD and Autism. Cori was the inaugural recipient of the Carl McKee Community Supervision Award in 2018 for developing innovative ways of assisting those on probation and parole supervision.

Courses



May 20, 2022
9 AM to 4 PM

Process Addictions: Exploring Warning Signs, Vulnerability Factors, and Treatment Interventions
Kate Appleman, MA, LPC, CSAT, CMAT, CCS, CAADC

Increased stress, isolation and uncertainty over the past year has resulted in a global increase in people struggling with behaviors that could lead to behavioral/ process addictions. This training is an invitation to raise awareness of behaviors that can have addictive tendencies and explore healthier alternatives. An overview of current international and regional trends for the more common process addiction behaviors including gambling, gaming, sex, work, exercise, internet, and food will be provided. We will explore vulnerability factors and warning signs while considering the similarities and differences between substance use addictions and behavioral/process addictions and how they interact with one another and discuss coping strategies to manage stress and other susceptibility factors. The training will also assist attendees to explore individual, group and family interventions to begin getting process addictions into remission, insight into assessment factors, and more insight into the importance of setting up pointed aftercare to address these specific factors.

Learning Objectives

Participants will:

1. Define process addictions and increase awareness of global and regional trends on behavioral/process addictions
2. Articulate an understanding of vulnerability factors for behavioral/process addictions
3. Recognize signs and symptoms of behavioral/process addictions and the ways addictive behaviors interact with one another
4. Apply objective goals and treatment interventions to utilize in a therapeutic setting
5. Recognize the importance of specific support, coping strategies and aftercare resources to support process addiction recovery

Biography

Since 2013, Kate has been active in program development, supporting the development of evidence-based clinical programming for executives, healthcare professionals, attorneys, and opioid addiction at Caron Treatment Centers. Her areas of expertise include a focus on men's addiction treatment and recovery, as well as relapse treatment and prevention, motivational interviewing, and working with family systems impacted by addiction. Her oversight of Men's Treatment Services on the Pennsylvania campus allows for a strong focus and emphasis on staff growth and professional development.

Kate's tenure at Caron has allowed her to receive training in addiction interaction disorder (AID) and professional development. She holds an LPC, is a certified clinical supervisor and a certified advanced alcohol and drug counselor, as well as a Certified Sex and Multiple Addiction Therapist. She received a Bachelor of Social Work degree from Alvernia University in 2006 and a Master of Arts in Counseling Psychology degree from Rosemont College in 2010. She is the founder of Nexus Consultation Services, specializing in clinical supervision and leadership development, and is currently working toward her Master's in Business Administration.



Courses

**June 10, 2022
9AM to 2:30 PM**

Beyond Forensics: Embracing Radical Welcome & Restorative Practices in Reentry and Community Wellness **Dr. Hasshan Batts**

Of the 2.4 million people incarcerated across this country, the overwhelming majority will be returning to our communities. Public Safety requires a perfect balance of both the science and the art of reentry.

This workshop will address the role of structural racism, historical trauma, and the war on drugs in the explosive prison population, collateral damage, and casualties of the war. In addition, we will explore through stories from context experts the role of authentic relationships and community-based care to heal from prison trauma and eradicate recidivism.

Learning Objectives

Participants in this workshop will:

1. Develop a basic understanding of structural racism.
2. Develop a basic understanding of the Radical Welcome Engagement Restoration Model (RWERM)
3. Develop a basic understanding of the impact of historical trauma on behavior, decision making and health & life outcomes
4. Develop a basic understanding of the impact of the war on drugs and the prison industrial complex on communities of color
5. Learn to value and recognize the leadership and expertise of community context experts in centering radical welcome and community-based care
6. Develop a basic understanding of the value of radical welcome in ending recidivism and dismantling the prison industrial complex

Biography

Hasshan is a prison survivor, healer, son, father, grandfather, brother, husband, and friend. In addition, Hasshan is a Community Epidemiologist, community based participatory researcher, and a leading expert on Trauma Informed Care, Reentry and Community Engagement.

Hasshan is the Founder and President of the Prison Survivors Network, Executive Director of the Promise Neighborhoods of the Lehigh Valley, adjunct professor, Lehigh University post-doctoral Research fellow, Rider-Pool Collective Impact fellow, distinguished Robert Wood Johnson Culture of Health Leader, Pennsylvania Commissioner on the Governors' Advisory Commission on African American Affairs, member of the Pennsylvania Reentry Council. In addition, he is a published author and the radio host of Let's Talk on WDIY/NPR.

Hasshan holds a joint MSW from North Carolina A&T and The University of North Carolina at Greensboro, a post graduate certificate in Global Health and Doctorate in Health Sciences from Nova Southeastern University in Florida.

Courses



Let's Talk Protection: Evaluating Personal Boundaries in the Workplace

June 17, 2022
9 AM to 4 PM

Rainie Campagna, BA, CRS,
Robin Chontos, CRS, CFRS, Michael Cuda, CRS,
Regine Figueroa, MA, Ibn Quawee, CRS

This training is appropriate for **all** staff. **We all must** understand and apply boundaries to protect ourselves, our employer and our clients. The facilitators will share diverse experiences all centered on establishing and maintaining healthy boundaries. Perspectives of CRS working in the community, and within residential programs, behavioral health technicians and clinical staff will all be featured. This training will be extremely interactive including group activities, a panel discussion, and role-play exercises. Come prepared to participate and share your experiences!

Learning Objectives

Participants will:

1. Appreciate the importance of boundaries
2. Experience various scenarios that occur regularly from the perspectives of support staff and clinical staff – and discuss how to react appropriately
3. Apply healthy boundaries to enhance job performance and positive outcomes for clients

Biographies of Treatment Trends Staff

Rainie Campagna is Community Connections Director for Northampton County initiatives. She previously served as a counselor at the HHLV and Confront. She is invested in the health and wellness of the recovery community and works closely with community recovery support services and all partners to help those with SUD.

Robin Chontos directs the Allentown Center for Recovery and supervises a team of CRS. She also been a service coordinator and behavioral health technician. Robin is passionate about meeting people “where they are”, offering empathy and support to those in the grips of addiction. She is studying at Alvernia University for a Bachelor’s Degree in Addiction and Mental Health.

Michael Cuda is Operations Manager at Keenan House. He has over 22 years of lived experience in recovery and has worked in multiple roles including Tech, Administrative Assistant, House Manager, Maintenance, Marketing and Outreach Coordinator. Michael is a diehard Philadelphia Eagles fan and bets a pound of fresh bacon from a Texas smoke house every game with his cousin who is a Cowboys fan.

Regine Figueroa is the clinical director of the HHLV. Regine has previously worked with Berks County Probation and Parole, KidsPeace, and Concern Outpatient. She is passionate about working with highly criminalized clients to offer opportunities for them to make positive progress in their lives.

Ibn Quawee, better known as “Q”, frequents areas that many will not including homeless camps, homes with high-risk drug activity and urban areas within the city to provide resources and recovery support. Q has worked so closely with the Allentown Police Department that officers bring people to him for help rather than arrest them. PRO-A awarded Q its Individual Champion of Service Award in 2021.

Registration Information

Ways to Register

Mail with payment to:

Treatment Trends Training Institute

Attn: Diana Heckman

PO Box 685

Allentown, PA 18105

Phone: 610-432-7690 (x1217)

Fax: 610-439-0315

Online: **www.treatmenttrends.org**
 Select TTI Training Institute

Payment

Payment should be made in advance of class start date, however walk-ins or late registration payment at the door is acceptable in cash, check or money order made payable to Treatment Trends, Inc. We do not accept debit or credit cards for payment at the door.

Refunds and Cancellation Fees

Diana Heckman must be notified at least 24 hours in advance if an individual cannot attend a training. Substitutions are permissible! Individuals who cancel will be given the choice of a refund or credit towards another course in the current track. **There are no refunds or credits issued for no-shows.** Cancellations after the 24-hour window will be subject to a \$25 processing fee. If Treatment Trends would need to cancel a training, participants may choose either a full refund or credit towards another course in the current or next available track.

Accreditation

All courses, unless otherwise indicated, are submitted for accreditation from the Pennsylvania Certification Board (PCB) and the State Board of Licensed Social Workers, Marriage and Family Therapists and Professional Counselors. Check our web site for official confirmation of credit approval.

Directions and Parking Info

Contact : dianaheckman@treatmenttrends.org/ 610-432-4690

Group Discounts! We currently offer a group discount program. For 3-5 people, the discount is 5%; For 6-10 people, the discount is 10%; For groups over 10 the discount is 15%.