

Treatment Models

CONFRONT incorporates four Treatment Models to create a very effective environment for addiction and other counseling issues. These models consist of the disease model, learning model, social model and continuum of care model.

DISEASE MODEL—This model adheres to the concept that alcohol and drug addiction is a primary, predictable, and progressive disease. People who are chemically dependent experience deterioration in many significant areas of their lives.

LEARNING MODEL— In order for treatment to be effective, it is important that people be given opportunity to learn healthy life skills. The goal of the learning model is to teach people in early recovery life skills through their participation in psycho educational therapy groups.

SOCIAL MODEL— Many people who seek assistance have experienced difficulties in their interpersonal relationships. These individuals have isolated themselves or bonded with people who validate their unhealthy lifestyles of the past. The therapeutic community concepts of Trust, Care, Honesty, Consistency, Communication, Concern and Responsibility are emphasized.

CONTINUUM OF CARE MODEL— Recovery may require a continuum of care that may include detoxification, residential treatment, self help 12-step groups and outpatient therapy.

SPEAKERS BUREAU

CONFRONT maintains a speakers bureau that has conducted hundreds of speaking engagements to thousands of people throughout Northeast Pennsylvania. Topics that are covered include drug and alcohol treatment, treatment for sexual abuse, criminality and a host of other subject matter relevant to the counseling and addiction field.

CLIENT FEES

CONFRONT uses a sliding scale fee based on income level & ability to pay. Adolescents receive services free of charge.

HOURS OF OPERATION

Monday - Thursday 8:30 AM – 9:00 PM
Friday 8:30 AM – 8:00 PM
Saturday 9:30 AM – 11:30 AM

BE A FRIEND TO CONFRONT

Send a donation to:

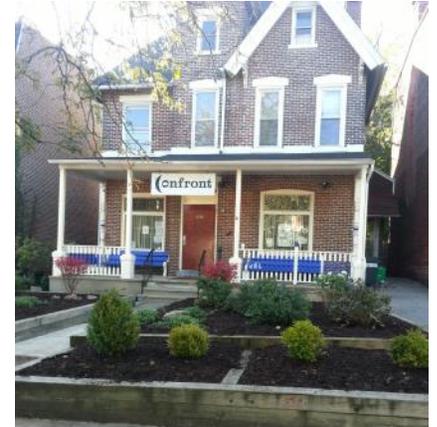
Confront
1130 Walnut Street
Allentown, PA 18102

*All Donations are Tax
Deductible*

United Way of the
Greater Lehigh Valley 

CONFRONT

*A Division of
Treatment Trends, Inc.*



***Foremost in
Drug Treatment***



**1130 Walnut Street
Allentown, PA 18102**
(610) 433-0148
www.treatmenttrends.org

Program Description

CONFRONT was created in 1969 to provide outpatient treatment for those suffering from the effects of drug and alcohol addiction. Today, CONFRONT continues to be a leader in the treatment of drug and alcohol addiction by providing cutting-edge programming to treat a diverse population of people from various referral sources.

Philosophy and Concepts

The philosophy at CONFRONT incorporates concepts and values congruent with the philosophy of Therapeutic Communities (TC) and therefore is an ideal setting to provide continuity of care for individuals referred to CONFRONT from residential treatment. The program encourages the goals of:

- Lifestyle free of mood altering substances and criminal activity
- Non-violence
- Employability
- Empowerment of individuals
- Enhanced personal relationships
- Connecting with family and the community

Services Offered

While drug and alcohol treatment remains the primary focus at CONFRONT, the program has evolved to provide numerous other services.

Intervention Services:

- Change-making/ motivational group to manage the waiting list

Drug and Alcohol Outpatient and Intensive Outpatient Treatment for Adults and Adolescents:

- Orientation Group
- Motivational Enhancement Group
- Addiction Awareness Group
- Recovery Maintenance/Relapse Prevention Group
- Conflict Resolution Group
- Psychotherapeutic Process Group
- Co-Occurring Diagnosis Group
- Criminality Group
- Individual Counseling
- Abuse Education

Services Offered (Cont'd)

- Mindfulness Based Stress Reduction
- Yoga
- Expressive Arts

CONFRONT staff works as a treatment team to enhance recovery and personal growth by designing treatment plans specific to each individual. Additional services include:

- Assessments for DUI Offenders
- Group Therapy and Individual Counseling
- Protective Parenting for Non-Offending Parents
- Physical and Sexual Abuse Treatment
- Cooperation with Criminal Justice agencies
- On-site psychiatric services
- Play therapy for ages 3+

Funding

The services provided by CONFRONT are financially supported by fees for service from the Lehigh and Northampton County Department of Human Services and by the United Way.

CONFRONT does not discriminate in the provision of services on the basis of age, race, creed, sex, ethnicity, color, national origin, marital status, sexual orientation, handicap or religion.