

Hispanic American Organization
HIV clinic
Hospital & Institution 12-Step
Keenan House Alumni Association
Lehigh Valley Hospital Center
Lehigh Valley Chapter of Oxford House
Lehigh Valley Housing Authority
MH/MR of the Lehigh Valley
Numerous local employment agencies
Office of Vocational Rehabilitation
PA Dept. of Transportation
Private Industry Council
Social Security Administration
St. Luke's Hospital Network

Admission Criteria

Individuals considered for placement must be age 18 or over, male, may or may not have criminal justice involvement, and must meet the eligibility requirements of the funding source and referring agency.

Exclusion Criteria

Keenan House cannot provide services to individuals who:

- have a history of arson.
- have a history of sex offense, including Rape, Involuntary Deviant Sexual Intercourse (IDSI) and/or Indecent Assault (IA).
- have a history of violence separate from drug or alcohol use.
- have unmanaged or unstable psychiatric or medical conditions, including detoxification.
- A diagnosis of Schizophrenia.
- Pathological liar.
- Inability to complete all activities of daily living.
- A medical priority that would interfere with treatment.
- have an I.Q. lower than 70.

Special Considerations

- In the case of a close familial or intimate relationship with another client currently receiving our services, admission will be evaluated on a case-by-case basis.
- Co-Occurring clients: a specialized track within the Keenan House residential program targets individuals with addictive disorders complicated by a co-existing mental health disorder.

A clinical team of Physicians, Registered Nurses, Social Workers, Certified Addiction Counselors and numerous support personnel direct a milieu of treatment targeting addictive and criminal behaviors. All clients proceed through structured levels of recognition, understanding and application. Therapeutic expectations include:

1. Increased insight into personal relapse patterns, addictive and criminal behaviors
2. Increased impulse control and pro-social behaviors
3. Improved self-image and coping skills
4. Healthier interpersonal relationships
5. Drug, crime and violence-free lifestyles

A thorough and workable after-care plan is provided for all individuals completing our program.

KEENAN HOUSE does not discriminate in the provision of services on the basis of age, race, sex, ethnicity, national origin, marital status, HIV status, sexual orientation, physical/mental handicaps, or religion.

Keenan House

A Therapeutic Community

***Residential
Drug and Alcohol
Treatment***



***A division of
Treatment Trends, Inc.***

**18 South 6th Street
Allentown, PA 18101**

**Contact:
Director of Admissions
(610) 439-8479**

**United Way of the
Greater Lehigh Valley**



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Treatment Philosophy & Modality

Treatment is based on the belief that chemical addiction is a complex condition that can cause impairment in every area of an individual's life. Chemically addicted individuals recurrently have emotional, social, and financial problems and frequently pursue an antisocial lifestyle. Additionally, people with chemical addiction develop maladaptive coping mechanisms and behaviors detrimental to themselves, significant others, and anyone who may be involved with them.

The treatment model adheres to the concept that chemical addiction is a chronic and progressive disease, characterized by loss of control of use, disregard for consequences of use, and dysfunction in managing daily living. Both individual and group therapy are provided addressing the psychological and emotional conflicts that contribute to addiction and relapse. Therapy utilizes techniques and theory from Cognitive-Behavioral Therapy, Reality Therapy, and Gestalt Therapy. Supportive and empathic counseling is also a part of treatment. Psycho-education is provided and combines didactic and experiential techniques to give clients new knowledge and skills.

Topics include:

- Addiction Awareness ♦ Grief/Trauma Group
- Computer Skills ♦ Conflict Resolution
- Criminality ♦ Decision Making ♦ Dual Coping Skills
- Family Therapy ♦ HIV Prevention & Education
- Life & Social Skills ♦ Mens Groups
- Nutrition Awareness ♦ Parenting
- Refusal Skills ♦ Relapse Prevention
- Respect ♦ Therapy Groups

Finally, treatment focuses on inter-personal relationships. The philosophy and concepts are that of the Therapeutic Community (TC): honesty, responsibility, trust, communication, consistency and concern.

Program Options

Keenan House is a Pennsylvania Department of Drug and Alcohol Programs (DDAP) licensed residential treatment facility providing habilitative, rehabilitative, addiction and supervision services for adult male criminal justice and voluntary clients.

Residential Treatment Program



Provides variable length, clinically driven PA Client Placement Criteria (PCPC) level 3B (short term) and level 3C (long term) addiction treatment services. Interested candidates must be assessed, referred and funded by their home county Drug & Alcohol (D&A) and/or Treatment Alternatives for Safer Communities (TASC) agencies. Other funding options are available through various criminal justice agencies as outlined on the next panel.

Dual Diagnosis Treatment Track



Keenan House recognizes the need for a specialized treatment track within the residential program targeting the Dually Diagnosed population. All programs are available to individuals with addictive disorders complicated by a co-existing mental health disorder. *Candidates for this program must be psychiatrically stable and not in need of acute psychiatric treatment.* An interview for acceptance into Keenan House may be required.

TCAP (Treatment Continuum Alternative Program)



Eligible Lehigh County residents may be candidates to elect a full continuum of D&A treatment and supervision in lieu of incarceration. Several other counties in PA have similar Intermediate Punishment programs that may include Keenan House as an option for residential treatment.

Lehigh County TCAP (610) 289-7003
Northampton County TCAP (610) 923-0394

PA Department of Corrections (DOC)

Half Way Back Program

Keenan House is a contracted Community Parole Center (CPC) providing residential D&A treatment and supervision available to male technical parole violators involved with the PA Board of Probation & Parole.

"Parole To" Program

Keenan House is a state contracted CCF providing residential D&A treatment and supervision services for PA DOC male inmates who have received their green sheets and are required to report to a CCC/CCF inpatient or dual diagnosis treatment facility as an alternative home plan.

All clients of Keenan House are provided with twice-weekly medical and (if applicable) psychiatric monitoring by licensed physicians. All clients are provided with services from the Allentown Health Bureau including TB & HIV testing and counseling.



Other services may in-but are not to:

support utilized clude, limited

Children,

Families
Dept. of Public Assistance

Youth &