

Treatment Trends Training Institute
www.treatmenttrends.org



**Fall 2017
Training
Track**

September 15, 2017— October 27, 2017



Fall 2017 Schedule

*All courses are held in the Auditorium at TTI Admin Office Building/
Halfway Home of the Lehigh Valley*

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Accreditation

All courses in this catalog are submitted for approval for accreditation from the Pennsylvania Certification Board (PCB) and the State Board of Licensed Social Workers, Professional Counselors, & Marriage/Family Therapists.

Courses



September 15, 2017

Heroin and Opiates: From the Farm to the Arm Ed Bachert, MS, MPA

9 AM to 4 PM

This course will examine all aspects of heroin abuse and addiction. It will explore how opium is grown and manufactured into the various types and purities. It will explore how the drugs are brought into the country, how they are delivered on the streets of America, and the current drug market and trafficking techniques. It will discuss the many types of opiates and how they are used and abused. It will examine the psychological issues with addiction, discuss overdoses and overdose prevention and explore some of the new drugs that are available to help treat addiction.

Course Objectives

Participants will:

- Learn about the production of heroin and opiates including types of heroin, purities, cutting agents, packing and labeling
- Explore the smuggling and distribution of heroin
- Discuss the physical and psychological factors of heroin and opiate addiction
- Learn about Fentanyl, Carfentanyl, and other emerging trends/additives to heroin, including those found locally
- Distinguish between Opiates VS Opioids
- Discuss overdose and overdose prevention

About the Instructor

Ed Bachert has served over 28 years in the Criminal Justice field. He is currently Chief of Police for the Fountain Hill Police Department. He has worked as a corrections officer in a maximum security prison, a corporate security officer for a Fortune 500 company and as a police officer with a large metropolitan police department. Ed retired from the Allentown (PA) Police Department as the Assistant to the Chief of Police and Assistant Commander of the Emergency Response Team Hostage Negotiation Unit, and is currently a professor at St. Joseph's University in Philadelphia.

Ed has trained thousands of teachers, health care workers and police officers from across the country. He speaks regularly at many high profile state and national conferences on a wide variety of topics. Ed has attended over 300 police related schools. He is a graduate of the PA State Corrections Academy and the Allentown Police Academy. He has a BS in Business Administration, an MPA from Kutztown University and a Master's Degree in Criminal Justice from St. Joseph's University.



Courses

September 22, 2017

9 AM to 4 PM

Addiction Interaction Disorder and Relapse

Eric Webber, MA, CADC, ASAT, CCPG

This course examines addiction interaction disorder and the specific impact on the relapse process. Sex addiction, gambling disorder, and workaholism will be covered, and broader looks at food/eating, technology, and money issues will also be included. Discussion will also focus on the interaction of chemical use and behavioral addictions in active addiction in the areas of replacement, fusion, ritualization, cross tolerance, and alternating cycles. A look at assessment and treatment approaches in various levels of care will close the training.

Course Objectives

Participants will:

- Learn about process addiction compared and contrasted with chemical addictions
- Learn about the relapse process, and will be able to identify two models of relapse process
- Learn the various addiction interaction types
- Learn to assess for process addictions
- Learn to identify personal and professional bias and counter-transference in addressing process addictions

About the Instructor

Eric Webber is the Clinical Supervisor for the Relapse Unit at Caron Foundation. He oversees the daily clinical programming and care of patients for the unit, as well as providing direct care through relapse specific lectures and counseling sessions. Mr. Webber is a Certified Alcohol and Drug Counselor and holds a Certificate of Competency in Problem Gambling, both through the Pennsylvania Certification Board; he is also certified as an Associate Sex Addiction Therapist through the International Institute for Trauma and Addiction Professionals. He holds a Bachelor's Degree from Kutztown University and a Master's Degree from Alvernia University

Courses



Resistance isn't a Problem, it's an Indicator

September 29, 2017

9AM to 4PM

Rick Divers, MS, CCJP

Don't be surprised by client resistance, recognize that resistance is a normal part of the change process. Learn to understand why someone is resistant not simply how that resistance is manifesting itself. Participants will explore clinical techniques designed to generate shifts in the client's awareness and subsequent actions.

Course Objectives

Participants will:

- Define resistance, explore the function of resistance
- Explore the invisible problem solving process, reacting versus responding
- Recognize criminal thinking errors and patterns, learn to identify criminal thinking and how to use Rational Self Analysis to improve critical thinking skills.
- Understand masculinity and its role in arrest, incarceration and substance use disorders.
- Evaluate anger, conflict and emotional intoxication
- Normalize resistance and its role in cultivating potential.
- Identify client's current areas of deficit, empowering them to move forward
- Practice listening skills and identification of thinking errors and limiting beliefs

About the Instructor

Rick Divers has over 18,000 treatment hours with resistant populations to include antisocial personality disorders and substance use disorders. Over the course of his career he has been responsible for motivating confined men offering inspiration, leadership and guidance. Rick utilizes Motivational Interviewing techniques and tools from Cognitive Behavioral Therapy to leverage client resistance. He is an advocate of self-awareness and personal responsibility. He will teach you to focus on solutions not the problems that often lead to frustration and staff burnout.

Rick Divers has worked for the Federal Government for the past 20 years. He earned a BA in Sociology from Shippensburg University and an MS in Counseling Psychology from Troy State University. He is also a Certified Criminal Justice Addictions Professional.



Courses

October 20, 2017

Grief, Loss and Transitions Marilyn Stein, MEd

9 AM to 4 PM

This course is designed to consider the impact of grief, loss and transitions in our lives. These changes ask us to redefine ourselves in the world. Even when the transition results from something positive what we leave behind leaves its mark on our being. Grief and loss also have the ability to generate strong emotions like anger and regret that over time can make us unwell. Sometimes these strong emotions are triggers that unleash old behaviors. This workshop will consider our personal stories of grief, loss and transition. There will be discussions about the accompanying emotions and the opportunity to consider the benefits and even the joys of moving through these experiences. Finally, methods for promoting the discussion about grief and loss will be practiced throughout the day.

Course Objectives

Participants will:

- Consider the source of grief, loss and transition
- Consider the beliefs we hold about these events
- Learn about the emotions that bubble up at these times
- Consider the opportunities for growth and joy as a result of these experiences
- Practice methods for discussing grief and loss with clients

About the Instructor

Marilyn Stein worked with DUI offenders as a parole officer for more than 20 years. In that time, she became an Allied Certified Addiction Practitioner, Certified Court Reporting Network Evaluator, and an Alcohol Highway Safety School Master Trainer. She completed her Master's degree in Training and Development from Penn State University in 1997.

In 2002, she retired from the County of Lancaster and established MGS Consulting, a training and consulting business. Her goal is to empower people so that they perform better on the job and transform their organizations from "what is" to "what could be."

Ms. Stein is on the Board of Director's for the Pennsylvania DUI Association, and she is currently the President of the Lancaster Women's Alliance. She lives in Lancaster with her husband.

Courses



Family Integration in the Treatment Process for Substance Use Disorders

Dana Cohen, MA, MEd

October 27, 2017

9 AM to 4 PM

Research indicates the integration of family and other supports into treatment significantly increases success rates for patients. Clinicians tap through thick layers of denial and resistance in their patients, but navigating the minefield of family involvement poses another challenge. From the angry family to the enabling family, counseling becomes clouded with dynamics that clinicians must skillfully assess. This session will increase knowledge of strategic approaches for the integration of family into treatment. It will provide a framework for the clinician to embrace Evidence Based Practices for a family-focused approach with guidance on the use of Systems Theory, Assessment of the family system and Motivational Interviewing techniques for improved engagement and reduced resistance.

Course Objectives

Participants will:

- Strengthen their skills in assessing and treating family systems
- Gain a working knowledge of Evidence-Based Practice techniques for incorporating families in treatment
- Gain enthusiasm and comfort to work with family systems
- Be able to identify and alleviate barriers to integrating families into the treatment process while maintaining awareness of their own family-system related bias

About the Instructor

Dana Cohen is a devoted clinician that holds a Master's degree in Human Sexuality Education and a second Master's degree in Marriage and Family Therapy. With more than a decade of experience, Dana has been a dedicated employee at the Livengrin Foundation where she currently works as the Lead Family Therapist. Her work includes conducting family and couples therapy, providing psycho-education to families, facilitating support groups and seminars, and providing training to clinical staff on family systems. She has presented at several conferences both State and Nation wide on varying topics including family dynamics of addiction and addressing sexuality in residential treatment. Cohen is an educator, a therapist, innovator and advocate for families.

Registration Information

Ways to Register

Mail with payment to:

Treatment Trends Training Institute

Attn: Diana Heckman

PO Box 685

Allentown, PA 18105

Phone: 610-432-7690 (x212)

Fax: 610-439-0315

Online: www.treatmenttrends.org. Select TTI Training Institute.

Payment

Payment should be made in advance of class start date, however walk-ins or late registration payment at the door is acceptable in cash, check or money order made payable to Treatment Trends, Inc. At this time, we do not accept debit or credit cards for payment at the door.

Refunds and Cancellation Fees

The training coordinator Diana Heckman must be notified if an individual cannot attend a training. Substitutions are permissible. Individuals who cancel will be given the choice of a refund or credit towards another course in the current track. **There are no refunds or credits issued for no-shows.** Cancellations made after the 24-hour window will be subject to a \$25 processing fee. If Treatment Trends would need to cancel a training, participants may choose either a full refund or credit towards another course in the current or next available track.

Accreditation

All courses in this catalog undergo an application process and are submitted for approval for accreditation from the Pennsylvania Certification Board (PCB) and the State Board of Licensed Social Workers, Marriage and Family Therapists and Professional Counselors. Check our web site for official confirmation of credit approval.

Directions and Parking Info

Contact : dianaheckman@treatmenttrends.org/ 610-432-7690

Group Discounts! We currently offer a group discount program. For 3-5 people, the discount is 5%; For 6-10 people, the discount is 10%; For groups over 10 the discount is 15%. ***Check our web site for complete details.***

Fall 2017 Registration Form

Name: _____

Program/Agency: _____

Address: _____

Phone: _____ City: _____

State: _____ Zip: _____ Email: _____

Heroin and Opioids: From the Farm to the Arm \$60.00 _____
Ed Bachert, MS, MPA
September 15, 2017, 9 AM to 4 PM

Addiction Interaction Disorder and Relapse \$60.00 _____
Eric Webber, MA, CADC, ASAT, CCPG
September 22, 2017, 9 AM to 4 PM

Resistance isn't a Problem, it's an Indicator \$60.00 _____
Rick Divers, MS, CCJP
Friday, September 29, 9 AM to 4 PM

Grief, Loss and Transitions \$60.00 _____
Marilyn Stein, MEd, CAAP
October 20, 2017, 9 AM to 4 PM

Family Integration in the Treatment Process \$60.00 _____
For Substance Use Disorders
Dana Cohen, MA, MEd
October 27, 2017, 9 AM to 4 PM

Less Discount (if applicable): _____

Total : _____

To register, mail with payment to: Treatment Trends Training Institute,
Attn: Diana Heckman, PO Box 685, Allentown, PA 18105

Phone: 610-432-7690 (x212)

Fax: 610-439-0315

Online: www.treatmenttrends.org

Training Facility



Training Facility

All courses are held in the auditorium of the Halfway Home of the Lehigh Valley/Treatment Trends Administration building at 24 S. 5th Street in Allentown.

Refreshments

Light morning refreshments are provided. For full day trainings, lunch is on your own.

Parking

Parking for a fee can be found in the Community Parking Deck at 13 S. 6th Street (directly behind our building at 24 S. 5th Street.) On-street meter and non-meter parking is limited in close proximity to the training site.

Mailing List

Contact Diana Heckman at (610) 432-7690 (x 212) or dianaheckman@treatmenttrends.org if you would like to receive the training brochure via email.

Please share this brochure with your colleagues!

We welcome your feedback.

Please contact Diana Heckman, TTI Director of Training and Development, to offer suggestions on course topics relevant to the fields of addiction treatment, mental health, and criminal justice.

We present this Training Institute to enhance our collective work.

Thank you.

Diana Heckman

dianaheckman@treatmenttrends.org



Treatment Trends, Inc.
PO Box 685
Allentown, PA 18105

Place
Stamp
Here



LOW rates !
Pay by Credit Card!