

January 2025

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	HAPPY NEW YEAR		1 NA 12Pm Trauma Informed Yoga 530 11 th step AA 7-8	2 CPS Rhonda 130 Resume & Job 10-12 OA 12noon Suite 202 *DBSA 7-830	3 Vets Services 9-4 SLAA 6PM Yoga 1130	4 Al-Anon11- 12 11 th step AA 7-8 Karaoke 9pm
5 AA 12pm SLAA 5pm	6 Men's AA 7-8pm Haircuts 10- 3pm	7 Women's AA 530pm Safe Haven grp Suite 202 Hair Cuts 10- 3pm	8 NA 12Pm Trauma Informed Yoga 530 11 th step AA 7-8	9 CPS Rhonda 130 Resume & Job 10-12 OA 12noon Suite 202 *DBSA 7-830	10 Vets Services 9-4 SLAA 6PM Yoga 1130 Community &Coffee 9	11 Al-Anon11- 12 11 th step AA 7-8
12 AA 12pm SLAA 5pm Vet Peer Support 130-330	13 Men's AA 7-8pm Haircuts 10- 3pm	14 Women's AA 530pm Haircuts 10- 3pm	15 NA 12Pm Trauma Informed Yoga 530 11 th step AA 7-8	16 CPS Rhonda 130 Resume & Job 10-12 OA 12noon Suite 202 *DBSA 7-830	17 Vets 9-4 Yoga 1130 SLAA 6PM	18 Al-Anon11- 12 11 th step AA 7-8
19 AA 12pm SLAA 5pm	20 Men's AA 7-8pm Haircuts 10- 3pm	21 Women's AA 530pm Safe Haven grp Suite 202 Haircuts 10- 3pm	22 NA 12Pm Trauma Informed Yoga 530 11 th step AA 7-8	23 CPS Rhonda 130 OA 12noon Suite 202 *DBSA 7-830	24 Vets 9-4 SLAA 6PM Yoga 1130 Vet Massage 930 to 1130	25 Al-Anon11- 12 11 th step AA 7-8
26 AA 12pm SLAA 5pm	27 Men's AA 7-8pm Haircuts 10- 3pm	28 Women's AA 530 pm Haircuts 10- 3pm	29 NA 12Pm Trauma Informed Yoga 530 11 th step AA 7-8	30 CPS Rhonda 130 OA 12noon Suite 202 *DBSA 7-830	31 Vets 9-4 SLAA 6PM Yoga 1130	

- **New meeting-Thursday's DBSA – Depression, Bi-Polar, Support Alliance**

